

I have worked as a full time professional trainer for the largest armed agency in my state for the past 10 years. Prior to that I worked for over a decade in the places that most people did not want to be in any way.... prisons.

I make it my business to help people make it through some of the most violent, manipulative and corrosively grinding places in the United States. Some people make it, some people never get through it. I have seen people in these environments change forever, become victims, become corrupted, or become so negative that they are unbearable. I have also seen people who not only make it, but thrive in it, finding purpose and meaning in the belly of the beast.

My job is to build the ones who make it.

I have made it my business over the majority of my adult life to try to figure out what it takes to deal with violence and manipulation while at the same time developing emotional intelligence that most people in our modern society have never had to deal with. I bring these experiences into my trainings for all people who want to hear them. See, in my world I got about 4 weeks to try to prepare someone that worked at a Pizza shop to walk in the world that is hidden behind the curtain of modern society. Government training budgets, they are a B-.... you know what.

So I tend to not screw around, there is not a lot of academic theory as to what I teach, whether physical skills or mental toughness, my training is to the point and relatable to anyone who is into preparedness. I will not divulge what agency I work for or even what state. Social Media policy it is a B-... you know what.

I have presented at multiple Preparedness events in multiple states, I have presented at High schools, multiple government agencies and have done many private groups and even just private events for concerned people, I even did the girl scouts once (I was a little too intense for them as it turned out.). It doesn't matter who you are, where you are or what you are doing, my goal is for you to find value and truthful information in my classes.

RD Jones

Understanding Violence and Realistic De-escalation:

The goal of this course is to give an overview of how human beings, no matter who they are, can become violent, how to understand the dynamics of this and how to de-escalate it or avoid it altogether.

Most people think they have an understanding of how interpersonal violence works. Media, even social media, paints a picture of how violence is and how it works and most people believe this is true.

This is because they have no context.

Thankfully most people are good people in the modern world. They follow the rules, they do what they are supposed to do and keep to themselves. Our society in a lot of ways has moved

to keep the good people safe. We have created a paradigm where violence is shunned from an early age and is "never the answer".

Unfortunately, the good people who follow this line of thinking fall into a false sense of security when it comes to how humans actually are when the societal padlocks fall off or are ignored.

This class is designed to give you an overview of how violence actually develops, even sometimes in otherwise good people, a glimpse into the mindset of those who do not follow the norms and how you can avoid, de-escalate and if necessary, respond to interpersonal violence. This class has very good feedback with many positive reviews. In past events, folks have attended this class more than once and took something from it each time.

This course is not age restricted, but the subject matter is real and raw and there is a chance that people may find some of the content inappropriate. I highly recommend the course for teens and pre-teens as some guidance counselors have recommended this for their more troubled youth.

Less Lethal Weapons for Prepared Citizens

The goal of this course is to help people in the preparedness community understand the available civilian legal options in less lethal weapons.

Most people in the preparedness community understand the need for security, and they will spend many years developing and researching firearms as a primary means of defense. However, the reality is that lots of personal security problems are not "gun problems" and that the vast majority of the time, less lethal options are the best alternative.

In the class we will be exploring the available options in less lethal security measures, how they can be used and what has been proven to work with real world examples and the instructors personal experience using these systems.

Opportunities to use some inert units of these systems will be provided for the students at the end of the course.

Psychology in the Moment of Critical Incidents:

When people are in the middle of a crisis, be it an assault, accident or other traumatic event they tend to do "weird" things.

They will not see things that are obvious, they will take strange actions or no actions at all. Yet, some other people act decisively, make good decisions and seem to do the right things without any rational thought.

Why?

In this course we will try to find the answer using scientific studies combined with experience and case studies. This will give you insight as to how your brain works and how to optimize it with good decision making when the fecal matter hits the oscillator. Especially when there is "no

time to think." This course is good for anyone, and breaks down crisis psychology in plain english in an interesting and fun way.

Take this course and if you take it to heart, you will be better mentally prepared when things go south.